

ANTI-BULLYING PLAN 2024

Lake Munmorah High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which detail the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Lake Munmorah High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
06/02/2024	School Liaison Police Cyber Safety presentation to all Year 7 students for "Safer Internet Day"
06/02/2024	Video and classroom activity for "Safer Internet Day" years 8 - 12
15/ 03/ 2024	Legal Aid "Putting the X in Sexy Text" presentation to all Yr. 7 students
Term 1 - 4	Year Meetings 7 - 12: Discussion re behaviour expectations, process for reporting and managing, student support.

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
06/02/2024	Promotion of "Safer Internet Day", websites and resources for parents.
16/08/2024	Promotion of 'National Day of Action Against Bullying and Violence'.
Term 1 - 4	Post and information on School websites, Facebook page and Canvas Wellbeing Hub page.
Term 1 - 4	Parent / Teacher evening - Information re LMHS 'Peer Conflict' process and school supports.

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

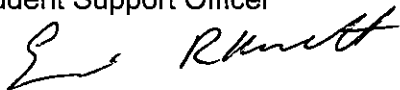
Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Wellbeing Hub- Ongoing student support.
- ReConnect Room- Restorative practices
- Small group programs focused on resilience and management of student behaviour e.g. Rock and Water, Actually I can, Reality Check, DRUMBEAT, RAGE, Name Narrate Navigate.
- Assistance with referrals to GP's, Headspace, Youth Health clinic to support student Mental Health and Wellbeing.
- Access to onsite case management provided by outreach caseworkers contextual to individual student needs.
- Access to School Counsellor support via Parent, Staff or self-referral.
- Access to Anti-Racism Contact Officer support via staff referral.
- Peer Support program for Years 7 Transition Term 1, 2024.
- Wellbeing Hub Canvas page- Resources, support materials and links to websites and information available.
- Activities to acknowledge and support student understanding of 'National Day of Action against Bullying and Violence' and 'Harmony Day'.

Completed by: E. Ironside
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Position: Head Teacher Wellbeing and
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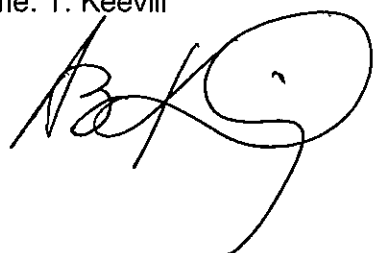
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Date: 06/02/2024

Principal name: T. Keevill

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Date:

