

ANTI-BULLYING PLAN 2023

Lake Munmorah High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Lake Munmorah High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
07/02/23	School Liaison Police- 'Think You Know' Cyber Safety Presentation to Year 7 students.
07/02/23	Whole school class and break 1 activities for 'Safer Internet Day 2023'.
23/02/23	Legal Aid- 'Putting the X in Sexy Text' presentation for Year 7 students.
Term 1 - 4	Year Meetings: 'Peer Conflict'- behaviour expectations, process for reporting, student support.

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1 - 4	Staff emails re 'Peer Conflict' reporting and management process as well as Sentral entry process for data.
Fortnightly	Fortnightly analysis of 'Peer Conflict' Sentral entries, email for level 2 and 3 follow-up and student support.
Term 1 - 4	Wellbeing Hub Canvas page- resources, support materials and links to websites and information.
Term 1 - 4	Wellbeing Team meeting discussions regarding student support.

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- The Senior Executive and Business Manager speak to new and casual staff when they enter on duty as part of the induction process.

- Information is provided to staff when they enter on duty at the school. A copy of the Notification of Peer Conflict' form and 'Peer Conflict flow chart' are included in the the staff handbook.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
07/02/23	Promotion of 'Safer Internet Day', websites and resources for parents .
18/03/23	Promotion of 'National Day of Action Against Bullying and Violence', websites and resources for parents.
Term 1-4	Posts and information on School website, Facebook, Skoolbag App, Canvas Wellbeing Hub page.
Semester 1 & 2	Parent and Teacher evenings- Information re LMHS 'Peer Conflict' process and school supports.

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Wellbeing Hub- Ongoing student support.
- ReConnect room- Restorative practices.
- Small group programs focused on resilience and management of student behaviour e.g. Rock and Water, Deescalate, DRUMBEAT, RAGE.
- Assistance with referrals to GP's, Headspace, Youth Health to support student Mental Health and Wellbeing.
- Access to onsite case management provided by outreach caseworkers contextual to individual student needs.
- Access to School Counsellor support via staff or self-referral.
- Access to Anti-Racism Contact Officer support via staff referral.
- Peer Support program for Years 7 Transition Term 1, 2023.
- Wellbeing Hub Canvas page- Resources, support materials and links to websites and information available.

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